

# **BRIDGING**

# COMMUNITY AND HEALTH CARE

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# Dr. Jerome Adams 20<sup>th</sup> U.S. Surgeon General

SPECIAL REMARKS





#CIH18

# "...Better Health through Better Partnerships..."

Vice Admiral Jerome Adams, MD, MPH





# Community **Anchors**

















## Office of the Surgeon General



**U.S. Public Health Service Commissioned Corps** 

## WHAT CAN YOU DO TO PREVENT OPIOID MISUSE?



### TALK ABOUT IT.

Opioids can be addictive and dangerous. We all should have a conversation about preventing drug misuse and overdose.



#### **BE SAFE**

Only take opioid medications as prescribed. Always store in a secure place. Dispose of unused medication properly.



#### UNDERSTAND PAIN.

Treatments other than opioids are effective in managing pain and may have less risk for harm. Talk with your healthcare provider about an individualized plan that is right for your pain.



## KNOW ADDICTION.

Addiction is a chronic disease that changes the brain and alters decision-making. With the right treatment and supports, people do recover. There is hope.



#### RE PREPARED

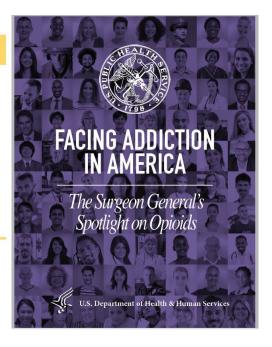
Many opioid overdose deaths occur at home. Having naloxone, an opioid overdose reversing drug, could mean saving a life. Know where to get it and how to use it.











https://addiction.surgeongeneral.gov/

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